



Beginning Experience of San Antonio Weekend Retreat Application

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All information provided is kept confidential and is required in order to participate in any Beginning Experience weekend retreat.

Today's Date: Email:

Name: Home Phone:

Address: Mobile Phone:

City: Religious Affiliation:

State: Retreat Date Desired (Month/Year):

Zip Code: Emergency Contact:

Birth date: Relationship:

Age: Gender: Male Female
Contact Home Phone:

Marital Status: Divorced Widowed Separated
Contact Mobile Phone:

How Long? Years in relationship? Physician/Hospital:

Are you in therapy? Yes No Do you have your therapist's consent to attend? Yes No N/A

Have you previously attended a BE retreat? Yes No If so, when?

Please let us know how you heard about Beginning Experience Friend B.E. Team Member Counselor Other

Beginning Experience of San Antonio Web Site Beginning Experience International Web Site

Church Bulletin What Church? Beginning Experience on Facebook

Priest/Church Staff What Church?

Please let us know if you have any of the following conditions or limitations that the team members should know about.

Handicapped Hearing Impaired Vision Impaired Unable to write Diabetes

Unable to stand/sit for long periods of time Food Allergies What food(s)

Significant Medical History: (including non-food allergies)

Medications taken if any:

Fees. It costs \$160.00 to attend a Beginning Experience Weekend which includes meals and lodging. If you're interested in attending, please complete the registration form, print, sign and mail it, along with a deposit of \$60.00 to the address above. The remaining balance is due and payable at check in. Participation is limited by space availability, so early registration is encouraged. If you register by e-mail or web site, your deposit must be received within 14 days of electronic submission to guarantee your slot in the weekend desired.

Beginning Experience Indemnity Statement. Your signature or typed name is required before you can participate in any B.E. sanctioned event. By typing your name in the blocks provided you agree to be bound by the statements as if you had signed the statements by hand.

I, hereby indemnify and hold harmless Beginning Experience San Antonio, Shrine of Our Lady of Czestochowa (Sisters of Our Lady of Sorrows) and the Archdiocese of San Antonio, their agents, successors and assigns, from any liability while participating in any Beginning Experience function. In the event of an emergency, the B.E. team will call the emergency contact listed above.

Print Application Form

What is B.E.? The Beginning Experience is an international ministry that helps divorced, separated, and widowed individuals resolve their grief surrounding the loss of a marriage partner. Most people who attend a B.E. weekend find it to be a life-changing event that sets them on the road to resolving their grief in a safe, loving environment. It has proved to be an effective and beneficial aid in dealing with the complicated grief feelings following the loss of a relationship. The process is not quick, but the B.E. weekend is a catalyst in overcoming grief, obtaining self-awareness of ones' grief, seeing progress in oneself, and proceeding through the stages of grief with more confidence. This proven program has helped in the healing of hundreds of hurting people worldwide for 35 years.

Sister Josephine Stewart, a Roman Catholic Nun, founded the ministry in Fort Worth, Texas while assisting separated, divorced and widowed individuals through the grief process. The ministry has subsequently expanded worldwide to a current global strength of about 140 English speaking teams. The San Antonio Team operates as an accredited ministry of the San Antonio Archdiocese Family Life Office.

The Team consists of former participants who have gone through similar losses. After gaining from their experience in overcoming their own grief, they have chosen to volunteer their time and efforts to help others. They are all trained to be good listeners and to ask questions that encourage participants to look inside themselves, and work through the grief process in a non-threatening environment. Team members are not professional counselors but are caring individuals who lead the participants through a proven process that helps them confront their individual grief in a supportive way.

The foundation of the program is the Beginning Experience Weekend conducted several times a year. The program, that runs from Friday evening through Sunday afternoon, is based on the Roman Catholic Faith but is open to participants from other denominations. The weekend includes Sunday Mass and the opportunity for private confession with a participating priest.

Please note that if you are in therapy, you must provide written consent from your therapist to attend the retreat. The authorization note must be presented at check in.

What to bring. An open heart and mind are critical for a successful B.E. weekend. You're among people who have walked the same difficult path you're on. The B.E. team is dedicated to making the weekend a beneficial experience but we can't do it without your participation. You'll talk, cry, laugh, listen, write and reflect on your journey and you'll hear participants and Team members talk about theirs. Like many things in life, you'll get more out of B.E. if you're willing to put a lot into the process.

Bring bedding (for a twin bed), pillows, and comfortable clothing. Most of the time you'll spend indoors, but there are times you'll be outside. Bring a light jacket so you'll have it handy if you need to warm up. There will be water, sodas and coffee available and you're welcome to bring a travel mug if you desire. Bring any prescription medications you need. Don't bring alcoholic beverages of any kind.

Directions

The retreat is held at the Shrine of Our Lady of Czestochowa (Sisters of Our Lady of Sorrows) located at 138 Beethoven Street, San Antonio.

Coming from Western San Antonio

Take US 90/I-10 East to exit 577 for Roland Avenue. Turn right (South) on Roland Avenue. Turn Right (West) on Rigsby and drive approximately 1/4 mile then turn left on Beethoven. The retreat center will be on your left.

Coming from South of town

Take I-37 North to US 90/I-10 East and drive to exit 577 for Roland Avenue. Turn right (South) on Roland Avenue. Turn Right (West) on Rigsby and drive approximately 1/4 mile then turn left on Beethoven. The retreat center will be on your left.

Coming from East of town

Take US 90/I-10 West to exit 577 for Roland Avenue. Turn left (South) on Roland Avenue. Turn Right (West) on Rigsby and drive approximately 1/4 mile then turn left on Beethoven. The retreat center will be on your left.

Coming from North or Northeast of San Antonio

Take I-35 South to I-410 South and drive to US 90/I-10 West. Drive West on US 90/I-10 to exit 577 for Roland Avenue. Turn left (South) on Roland Avenue. Turn Right (West) on Rigsby and drive approximately 1/4 mile then turn left on Beethoven. The retreat center will be on your left.

When you arrive, you'll be directed to park behind the main building near the back of the facility. Leave your luggage in your car and proceed to registration where you'll pay the remainder of your retreat fee, receive a welcome packet and room assignment. At that time, you can get your luggage and take it to your room.

We're glad you're joining us for a weekend of spiritual and personal growth. We've been where you are and we too experienced firsthand the healing and perspective that a B.E. weekend brings. It is our sincere hope that your B.E. experience is as beneficial and life-changing as it was for us.